



Detoxify Ready Clean Directions

On the day you want to be toxin free, begin your cleansing program with Ready Clean. Shake the Ready Clean well and drink entire contents of the bottle. Wait 15 minutes. Refill the Ready Clean bottle with water – shake and drink. Urinate frequently. Maximum effect is at three hours.

Toxin Rid Precleanse Pills Directions

On the day before you want to be toxin free, take the six Toxin Rid Precleanse Pills one an hour with six 16-ounce glasses of water.

To enhance Ready Clean's effectiveness:

- Eat light meals including fruits, vegetables, and fiber during your cleansing program with Ready Clean.
- Exercise regularly, and drink at least 12 8oz glasses of water in the days prior to using Ready Clean.
- Detoxify Ready Clean detox drink is a tropical fruit-flavored dietary supplement. Statements made about Ready Clean have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.
- Pregnant or breastfeeding women should consult their physician before using Ready Clean detox drink.
- Contains - Vitamin A, Vitamin C, Vitamin D, Thiamin, Riboflavin, Niacin, Vitamin B6, Folate, Vitamin B12, Biotin, Pantothenic Acid, Calcium, Magnesium, Zinc, Selenium, Manganese, Chromium, Potassium, Creatine Monohydrate and Glucuronolactone.
- Herbal - Nettle , Ginseng, Dandelion, Milk Thistle, Hawthorne Berry, Uva Ursi, Mullein Leaf, Stevia and Fruit Fiber.

Toll Free (866) 837-8253