# **MELVIN L. ELSON, MD**

Melvin L. Elson, M.D. is a board-certified dermatologist who graduated from The University of Tennessee Summa Cum Laude and received his MD from Duke University School of Medicine, trained in internal medicine at Vanderbilt Medical Center and in dermatology at Duke University Medical Center. He is considered an expert in evaluation and treatment of the aging face, particularly with expertise in the use of filling materials for scars and wrinkles, Botox and cosmeceuticals. He trains physicians world-wide in the use of these and in evaluating the aging face, having lectured in 40 countries. Additionally, he has been frequently a guest on television talk shows including Good Morning America, Good Morning New Zealand and



CNBC's Vital Signs. He is often interviewed by US and international publications on the aspects of aging. He is the author of more than 200 scientific publications, as well as two books including the textbook Evaluation and Treatment of the Aging Face published by Springer-Verlag. A member of the American Academy of Dermatology, board-certified by the American Board of Dermatology, he serves on the board of the American Academy of Aesthetic Medicine and is a member of a number of international societies.

He has served as a consultant to a number of boards, cosmetic and drug companies and developed MD Formulations and MD Forte skin care lines as well as assisting in the introduction of RoC products into the United States and developed ESTEEM by Naomi Judd skin care line. He holds the patent on topical vitamin K for the treatment of blood vessel disorders of the skin and has a patent pending for a topical treatment of cellulite.

He founded the Longevity Institute in Nashville, which became one of the leading centers for treatment and training of the aging face. He and his wife of over 40 years (former Betty McElhiney of Dickson, TN) live just outside of Nashville; they have 2 daughters and 2 grandsons.

### **EDUCATION**

B.A. (summa cum laude) University of Tennessee, Knoxville, TN, 1965

M.D. Duke University, Durham, NC, 1969

Fellowship in Dermatology, Duke University Medical Center, Durham, NC, 1969

Internship (Medicine), Vanderbilt University Medical Center, Nashville, TN, 1970

Residency, Dermatology, DUMC, Durham, NC, 1971-1973 Chief Resident, 1/1/73-12/31/73

# **BOARD CERTIFICATION**

American Board of Dermatology, 1974

#### **ACADEMIC POSITIONS**

- Clinical Instructor, Vanderbilt University School of Medicine, Nashville, TN, 1973-1989
- Consultant, Vanderbilt University Hospital School of Nursing, Nashville, TN, 1974-present
- Consultant, St. Thomas Hospital School of Nursing, Nashville, TN, 1986-present
- Consultant, Aquinas School of Nursing, Nashville, TN, 1986-present
- Clinical Professor of Nursing (Medicine). Vanderbilt University School of Medicine, 2007

#### **HOSPITAL APPOINTMENTS**

- Nashville V.A. Hospital, Nashville, TN, 1973 to 1974
- Nashville Metropolitan General Hospital, Nashville, TN, 1975 to 1976
- Centennial Medical Center, Nashville, TN, 1980-present
- Nashville Memorial Hospital, Nashville, TN, 1974-present
- Baptist Hospital, Nashville, TN, 1974-1995
- St. Thomas Hospital, Nashville, TN, 1986-present
- Vanderbilt University Hospital, Nashville, TN, 1973-present
- St. Thomas Hospital, Nashville, TN, 1998 present

# PRIVATE PRACTICE AND MEDICAL/COSMECEUTICAL BUSINESS VENTURES

- Founder and Director of The Dermatology Center, 4535 Harding Road, Nashville, TN and Longevity Institute, New York, NY/ Nashville, TN/ Miami, FL
- Integrative Aesthetics, Nashville, TN, President and founding member
- Founder & Director of The Dermatology Division of The Atlanta Aesthetic Surgery Center, Atlanta,
   GA President/CEO, The Cosmeceutical Research Institute, Inc., New York, NY and Nashville, TN
- Medical Director, Collagenisis, Beverly, MA
- President, Integrative Aesthetics, LLC, Nashville, TN
- INAMED/MCGHAN, Consultant and Director of Facial Aesthetics
- Consultant to International Medical Innovations, Birmingham, AL
- President and founding member, Naomi, LLC.
- Galen Capital Group, McLean VA, Special Advisor for Dermatology, Cosmetic Surgery and Cosmetic industry.
- President and CEO of Cosmeceutical Concepts International, Inc.
- Advisor to International Cosmeceuticals, Inc. Miami, FL
- President and CEO Global Cosmeceutical Innovations, LLC
- Medical Director; Surface Medical Spa Systems

#### PROFESSIONAL SOCIETIES

- McMinn County (TN) Medical Society, 1970
- Durham-Orange County (NC) Medical Society, 1973
- North Carolina Medical Association, 1973
- Nashville Academy of Medicine, 1973
- Tennessee Medical Association, 1973
- American Medical Association, 1973
- American Academy of Dermatology, 1974
- Nashville Dermatological Society (President 1976), 1975
- National Program for Dermatology, 1975
- American Academy of Cosmetic Surgery, 1986
- American Society of Dermatologic Surgery, 1986
- International Society for Dermatologic Surgery, 1986

- Pan American Medical Association, 1988
- International Society of Dermatology; Tropical, Geographic and Ecologic, 1989 1994
- American Contact Dermatitis Society, 1990
- Tennessee Dermatological Society, 1991
- Annenburg Circle, 1996
- Duke University Medical Center(DUMC) Board of Visitors, 1996
- American Society of Cosmetic Dermatology and Aesthetic Surgery, 2001 [ Charter Member ]
- American Academy of Aesthetic Medicine, 2006

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#### **NATIONAL ACADEMIC SOCIETIES**

- Phi Eta Sigma, 1962
- Alpha Epsilon Delta, 1963
- Phi Kappa Phi, 1964
- Phi Beta Kappa, 1965

# **CONSULTANT**

Advanced Health Laboratories

Advanced Polymer Systems

American Board of Dermatology

**Bioform Medical** 

Bristol-Myers Squibb Co.

Chesebrough-Ponds

Collagen Corporation

Collagen International

Dermik Laboratories, Inc.

Donell DerMedex, Inc.

Elizabeth Arden

Ethicon, Inc.

Herald Pharmacal, Inc.

International Medical Innovations Johnson & Johnson Consumer Div.

Lescarden, Inc.

Mark O'Connor Fiddle Camp Med-Derm Pharmaceutical, Inc.

Medicis Aeshtetics-Training in the use

of Restylane

Medicis Pharamceutical Corp.

Ortho Pharm., Derm. Div. Polystrata Pharmaceuticals, Inc.

### **EDITORIAL REVIEW BOARD**

- Cosmetic Dermatology
- Healthy Aging
- Journal of Clinical Dermatology
- Iournal of Esthetic Science

# MAJOR RESEARCH EXPERIENCE (Partial Listing)

- Research into the use of skin testing for collagen injectable material and innovator of the double skin testing technique now widely accepted by dermatologic and plastic surgeons in the use of collagen injectable material.
- Primary investigator in the use of Catrix Correction Cream with Retin-A to eliminate the unpleasant side effects of Retin-A.

- Eli Lilly: Investigation of a new antibiotic in a double-blind manner for soft tissue infections.
- **Schering:** Use of weekend therapy for the treatment of psoriasis.
- Chesebrough-Ponds, Inc.: Effects of Vaseline<sup>(R)</sup> Petroleum Jelly on the Healing of skin Following Cosmetic Surgical Procedures.
- MW Moisturizer: Evaluation of a new moisturizer in a double-blind manner from MW laboratories, Atlanta, GA.
- Collagen Corporation: A Nine-Month Safety and Efficacy Study to Compare Crossflow-Produced Zyderm I Collagen with Zyderm I Collagen Implants for use in Fine Lines (crow's feet) - A controlled study of 120 subjects.
- Primary investigator in the use of Catrix powder therapy to heal decubitus ulcers.
- Primary investigator of healing effects of Catrix Lip Balm.
- Primary investigator for the Treatment of Striae Distensae with Topical Tretinoin.
- Herald Pharmaceutical, Development of glycolic acid chemical peel, MD Formulations

# **PATENTS**

- United States Patent and Trademark Office, Patent entitled: "Method of Treating Blood Vessel Disorders of the Skin Using Vitamin K" assigned under U.S. Patent No. 5,510,391 and issued April 23, 1996.
- United States Patent and Trademark Office. Composition and Method for Treating Cellulite.
   Serial Number 60/704,196; 28 Jul, 2005
- PCT Application. International application serial number PCT/US06/28723. Composition and Method for Treating Cellulite